## Adolescent E-Cigarette Consequences Questionnaire (AECQ)

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Below is a list of statements. We would like you to tell us what you expect to or believe will happen as a result of vaping. If the statement seems like it would never happen, mark Never. If the statement seems like it would always happen, mark Always. However, if you expect that a statement might happen, mark Rarely; or if you expect that the statement would often happen as a result of vaping, mark Often.

| 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: |
| Never | Rarely | Sometimes | Often | Always |


| 1. | Vaping helps calm an angry person down. | 1 | 2 | 3 | 4 | 5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 2. | Vaping tastes good. | 1 | 2 | 3 | 4 | 5 |
| 3. | Parties are more enjoyable when a person is vaping. | 1 | 2 | 3 | 4 | 5 |
| 4. | Vaping controls a person's weight or eating habits. | 1 | 2 | 3 | 4 | 5 |
| 5. | Vaping burns a person's throat. | 1 | 2 | 3 | 4 | 5 |
| 6. | During the day, vaping can help kill time if there is nothing to do. | 1 | 2 | 3 | 4 | 5 |
| 7. | People choose not to vape because their friends won't like it. | 1 | 2 | 3 | 4 | 5 |
| 8. | Vaping helps with concentration. | 1 | 2 | 3 | 4 | 5 |
| 9. | The look and feel of an e-cigarette/vaping device in the mouth is good. | 1 | 2 | 3 | 4 | 5 |

10. Vaping makes a person feel more comfortable around others.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
11. Vaping keeps a person from eating too much.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
12. Vaping makes a person's lungs hurt.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
13. Vaping gives a person something to do with his/her hands.
14. Vaping makes people look ridiculous, silly, or lame.
15. Vaping helps a person forget about problems at home.
16. People look up to those who vape.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
17. Vaping helps a person stay slim.
18. Vaping will make a person cough.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
19. 

Vaping makes a person seem less attractive.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
20. Vaping helps when a person is worried.
21. Vaping makes a person more friendly or outgoing.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
22. People gain weight when they stop vaping.
$\begin{array}{lllll}1 & 2 & 3 & 4 & 5\end{array}$
23.
$\begin{array}{llll}1 & 2 & 3 & 4\end{array}$

|  | Vaping helps if a person feels bad about himself or herself. |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 24. | Vaping makes a person feel older or more mature. | 1 | 2 | 3 | 4 | 5 |
| 25. | Vaping makes a person less hungry. | 1 | 2 | 3 | 4 | 5 |
| 26. | When someone is sad, vaping helps him or her feel better. | 1 | 2 | 3 | 4 | 5 |
| 27. | Hanging out with friends is more fun if everyone is vaping. | 1 | 2 | 3 | 4 | 5 |
| 28. | When someone is feeling cranky, vaping will help. | 1 | 2 | 3 | 4 | 5 |
| 29. | Vaping makes people look tough or cool. | 1 | 2 | 3 | 4 | 5 |
| 30. | When a person is upset, vaping helps him or her deal with it. | 1 | 2 | 3 | 4 | 5 |
| 31. | Most popular people vape. | 1 | 2 | 3 | 4 | 5 |

## AECQ Scoring

Following validation, a total of seven subscales were created and one total score. A mean or a sum score may be taken for all subscales.

Negative affect reduction: $1,8,15,20,23,26,28,30$
Taste/Sensorimotor manipulation: 2, 9
Social facilitation: $3,10,21,24,27,29$
Weight control: 4, 11, 17, 22, 25
Negative physical feelings: 5, 12, 18,
Boredom reduction: 6, 13
Negative social impression: 14, 19,
Total score: $1,2,3,4,5,6,8,9,10,11,12,13,14,15,17,18,19,20,21,22,23,24,25,26,27,28,29$, 30

